

# SOBORNOST

**St. Thomas the Apostle Orthodox Church**

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*American Carpatho-Russian Orthodox Diocese*

*ECUMENICAL PATRIARCHATE  
OF CONSTANTINOPLE*

## **SERVICES**

**Wednesday in Great Lent: Liturgy of  
Presanctified Gifts 7:00 PM**

**Friday: Moleben to the Cross 6:00 AM**

**Saturday: Confession 5:00 PM,  
Great Vespers 5:30 PM**

**Sunday: Matins (Orthros) 8:45 AM**

**Children's Sunday School 9:30 AM | Divine Liturgy 10:00 AM.**

**March 22, 2020 | 3<sup>rd</sup> Sunday of Great Lent**

## **Veneration of the Precious & Life-Giving Cross**

In today's gospel lection, taken from Mark 8:34, Jesus says: "If anyone would come after me, let him deny himself and take up his cross and follow me." According to accepted English dictionaries, "deny" means to refuse, reject, repudiate and/or to declare something untrue. If we limit ourselves to these definitions, we do an injustice to the deeper meaning of Christian self-denial. For a clearer picture of what Jesus means, we must return to the original Greek text. The Greek is "aparnisastho" and it has the meaning of renunciation and absolute rejection of whatever is incongruous with Jesus' planned salvation for us.

There are those of us who have a narrow and limited understanding of self-denial. We pick and choose at random what we will give up and what we will do in the name of Christianity. We proceed to label them "Our little crosses we must bear." "I'll give up movies and/or TV during lent." Thus we conclude with a list of trivialities that have no bearing on the "self-denial" Jesus speaks about in our gospel lesson for today. Christ-like self-denial goes much deeper. It penetrates the facade which hides our hidden sins, our shortcomings and our faults. Utter denial does not mean depriving ourselves of the necessities of life, nor does it mean we



must become paupers and live in rags. Neither does it mean we must lose our individuality, personality and identity. When Jesus speaks of total and utter denial of self, He means we must subordinate our clamoring ego that prohibits us from being the Children of God we were intended to be. Good intentions are not enough. This is why Jesus says, "If anyone would come after me, let him deny himself and take up his cross and follow me."

"Take up your cross and follow me" means to get started on our journey to salvation. If the road we are on does not have God's Eternal Kingdom as its destination, then we had better make a U-turn and find the right one!

"Taking up our cross and following Jesus" means trying harder when those moments of calamity, tragedy, sorrow and loss and grief beset us. It means bringing under control our uncontrollable anger, our undue insensitivity, our impatience and impetuosity. It means subduing our temperament and disposition so that we can master them rather than their mastering us.

"On this the Third Sunday of Great Lent, we observe the Veneration of the Precious and Life-giving Cross and for this reason: Inasmuch as in the forty days of fasting we in a way crucify ourselves and become bitter, despondent and failing, the Life-giving Cross is presented to us for spiritual refreshment and assurance, for remembrance of our Lord's Passion and for comfort. Like those who are following a long and tedious path are tired, see a beautiful tree with many leaves, they would sit in its shade and rest for a while and then, as if rejuvenated, they will continue their journey. Likewise today, in the time of fasting and difficult journey and effort, the Life-giving Cross was planted in its midst by the Holy Fathers of the Church to give rest and spiritual refreshment, to make us light and courageous for the remaining task.

Christ comforts us who are, as it were, in a desert until He will lead us up to the spiritual Jerusalem by His Resurrection. Just as the Precious Cross, which is also called the Tree of Life, was planted in the middle of Paradise, so our Holy Fathers planted the Cross in the middle of holy and Great Lent, as a sacred reminder of both Adam's bliss and how he was deprived of it. Remembering also that by partaking of this Tree of Life, the Precious and Life-giving Cross, we no longer die but are kept alive."

St. John Chrysostom, a fourth century Patriarch of Constantinople describes the Cross this way: "The Cross is the proof of the love of God. The Cross is the unshaken wall, the unconquered weapon, the Kingdom of virtue. The Cross has torn asunder our mortgage and rendered useless the prison of death. The Cross has opened Paradise, it has admitted the thief and has guided the human race from impending disaster to the Kingdom of God."

Jesus extends His invitation to us once again to "deny ourselves, take up our cross and follow Him." Our Church gives us this Third Sunday of Lent--Mid-point to Golgotha--to pause with Jesus, to refresh ourselves spiritually, to assess our Lenten journey and to continue with greater determination. But the initiative is still ours. There is no way into spring but that we endure the rigors of winter. There is no way we can arrive to Easter Sunday if we do not live the agonies of all our Good Fridays. There is no way we can achieve eternal life with God unless we deny ourselves utterly and totally in Christ. This we do when we endure and sustain our own personal crosses and follow Him. (*from goarch.org*)

### **Today's Epistle Lesson – St. Paul's Letter to the Hebrews 4:14-5:6**

Brethren, seeing that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast *our* confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all *points* tempted as *we are, yet* without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need. For every high priest taken from among men is appointed for men in things *pertaining* to God, that he may offer both gifts and sacrifices for sins. He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. Because of this he is required as for the people, so also for himself, to offer *sacrifices* for sins. And no man takes this honor to himself, but he who is called by God, just as Aaron *was*. So also Christ did not glorify Himself to become High Priest, but *it was* He who said to Him: "You are My Son, today I have begotten You." As *He* also *says* in another *place*: "You *are* a priest forever according to the order of Melchizedek."

### **Today's Gospel Lesson – Saint Mark 8:34-9:1**

At that time, when Jesus had called the people to *Himself*, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels." And He said to them, "Amen, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."

## *A Word From the Holy Fathers*

How I come to be joined to this wretched, vile, and faithless body I do not know; nor do I know how I am the image of God and concocted of clay at the same time, this body that both wars against me when it is healthy and when warred against brings me pain, that I both cherish as my fellow-servant and evade as my enemy; that I both try to escape s my chain and respect as my fellow heir. If I struggle to suppress it, I lose the helper I need to achieve my noble aims, knowing as I do why I was created and that it is through my actions that I am to ascend to God.

I show it consideration as a co-worker but I do not know how to suppress its insurgency nor how I can help falling away from God when the weight of its shackles drags me down and keeps me pinioned to the ground. It is an affable enemy and a scheming friend. What an incompatible alliance! I take good care of the object of my fear and feel dread before the object of my love. Before making war, I come to terms with it; before making peace, I am at odds with it. What is this wisdom that I embody? What is this great mystery? Or, is it his will that we, who are a portion of God and have our source in heaven above, should always look to him as we wrestle and fight against the flesh and that the weakness to which we are harnessed should serve to impress upon us our true worth, lest we disdain our Creator out of pride and an inflated sense of our own importance? That we may know that we are at once most exalted and most humble, earthly and celestial, ephemeral and immortal, heirs of light and fire – or darkness – depending on which way we turn? Such is our hybrid nature which, in my view at least, takes this form so that whenever we feel exalted because of our likeness to God's image, we may be brought down because of our clay.

– St. Gregory the Theologian, *Oration 14.6-7*



### **FEBRUARY 2020 TREASURER'S REPORT**

Glory to Jesus Christ. Thanks to our generous and dedicated community, February saw contributions, augmented by a \$2300 SMECO rebate for our exterior lighting, of \$14,443.00, against expenses of \$7716. Your continuing support is much appreciated!

Herman, Treasurer

## **Patriarchal Pence – Support Patriarch Bartholomew**



During this season of increased prayer, fasting, and charity all the parishes in our Diocese send a token of our affection to support the work of the Ecumenical Patriarch Bartholomew. To this end we will take a special collection on Palm Sunday. Please be generous!

### **Follow Our Diocese On-Line**

**Diocesan Website:** <http://www.acrod.org>

**Camp Nazareth:** <http://www.campnazareth.org>

**Facebook:** <https://www.facebook.com/acroddiocese>

**Twitter:** <https://twitter.com/acrodnews>

**You Tube:** <https://youtube.com/acroddiocese>

***In Your Prayers – Please Remember...*** His All-Holiness Ecumenical Patriarch BARTHOLOMEW, His Eminence Metropolitan GREGORY, Fr. Joseph & Family, Greek Orthodox Archbishop Paul Yazigi of Aleppo, Syriac Orthodox Archbishop Yohanna Ibrahim of Aleppo, His Grace Bishop Neofitos of Nyeri and Mt. Kenya, Fr. John & Pani Betty Jean Baranik, Presbyteria Katie Baker and family, Dn. Steve Hall, Santiago Alzugaray, Jeffrey Carey, Tatyana and Slava Chumak & family, Xenia Chilkowich, Jon Church, Ramius Connour, Curtis Cooper, Luke Cooper, Tina Crull, Mary Diane David, Ron Dominiecki, Linda A. Georgiev, Heather Himler, John Homick, Cameron Houk, Helen Janowiak, John M. Janowiak, Tucker Karl and family, Robert & Pam Karpin, Andrew Kinn, Kopan family, Brian, Helen, and Luke Mahony, Valentina Makowelski, Susan Matula, Anna Meinhold, Dn. Henry Middleton, David & Kathryn Newman, Bobby Nutter & Family, Henry & Lisa Osborne, Westin Perry & Parents, John Reece, Mary Reed, Chris & Kaitlin Rixey, Jerry Von Ronne, Anne Rosario, James, Theodore and Christina Ristas, Samson Family, Sharon Sheptak, Bernie Takabayashi & family, Dawn & Faith Ulmschneider, Lydia Vita, Christine, Marshall, Nathaniel, Dcn. Nectarios and Ia, the Syrian Christians displaced by war, Mother Virginia Marie and the Carmelite Nuns of Port Tobacco, the newly departed servant of God John Blaydoe, and all those in need of our prayers. (Please advise Fr. Joseph of changes.)